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**From:** CMLTA <cmlta@cmlta.org>  
**Sent:** 4/29/2025 10:40 AM  
**To:**  
**Subject:** CMLTA Free Education Session - Integrating Inclusivity with Communication, Compassion and Cooperation

### Integrating Inclusivity with Communication, Compassion and Cooperation

The CMLTA is providing this free event where participants will learn how to promote and foster inclusive practices in the workplace with examples and activities for empowerment and support. You will have the opportunity to reflect on your values and experiences and learn strategies integrating culturally safe practices as per CMLTA Standards of Practice.

This session relates to Standard 7: Communication and Collaboration, Standard 8: Culturally Safe Practice and the Code of Ethics for use in your Continuing Competence Program.

*This session will be facilitated by Dr. Rosina Mete. Dr. Mete is a Registered Psychotherapist (Ontario) and a Canadian Certified Counsellor. She has clinical experience in community health, hospital, and academic settings and has worked as a mental health researcher and consultant for over ten years. Dr. Mete has won awards for her academic and clinical work. She also has experience providing psychoeducational presentations and webinars on stress management and mental health awareness to healthcare professionals. She currently works at Yorkville University.*

#### Online Webinar

When: Wednesday, May 21, 2025

Time: 12:00PM to 1:00 PM

Where: ClickMeeting

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Click [here](#) to register.

#### Edmonton Event

When: Monday, May 26, 2025

Time: 5:30 PM to 8:00 PM

Where: Wyndham Edmonton Hotel and Conference Centre

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Click [here](#) to register.

#### Calgary Event

When: Wednesday May 28, 2025

Time: 5:30 PM to 8:00 PM

Where: The Baron Venue

Click [here](#) to register.

#### Event Agenda

Registration and Dinner

5:30 PM – 6:30 PM

Education Session

6:30 PM – 8:00 PM

Limited spots are available. Please register to ensure your spot. Light dinner will be provided.

Online Webinar will be recorded and available On Demand.  
If you have any questions, please email [cmlta@cmlta.org](mailto:cmlta@cmlta.org).